

\*\*\*\* 29<sup>th</sup> July 2025



Press Release:

## First Volunteens Opportunity in Pembrokeshire Launches with SPAN Arts!

Run by the charity Foothold Cymru, funded by the Welsh Government, and administered by WCVA, **Volunteens** is a youth-led platform connecting 11-18 year olds with local volunteering opportunities that build skills and support communities.

Following a successful pilot in Carmarthenshire—where hundreds of young people took part in volunteering opportunities—Volunteens is expanding into Pembrokeshire, Ceredigion, and Powys.

The **first-ever Volunteens placement in Pembrokeshire** is now live! Narberth-based charity **SPAN Arts** has launched a number of one-off volunteering opportunities over the summer holidays, giving young people the chance to gain experience in supporting the delivery of arts-based community events.

Emily Wells, the Volunteens lead for Pembrokeshire, Ceredigion, and Powys at Foothold Cymru, said:

“Through our research and consultation with young people, we know they want to support their communities and are passionate about making a positive impact. But they often don’t know where to find meaningful, youth-friendly volunteering opportunities. Volunteens bridges that gap by working with amazing organisations like SPAN Arts.

SPAN Arts has a long history of delivering community-based arts projects that appeal to all ages, so it felt like a natural fit that they would want to include the voices of young people in the planning and delivery of their events. We’re delighted to welcome SPAN Arts to Volunteens!

SPAN Arts is looking for young volunteers this summer to support two exciting events: *Collective Flight* Sycas at Colby Garden on Saturday 2nd August, and *Dydd Gŵyl yr Haf*, a family celebration of Welsh culture in Narberth on Saturday 30th August. These opportunities offer hands-on experience, a chance to build new skills, and the opportunity to be part of two vibrant community events.

Belinda Bean, Volunteer and Community Officer at Span Arts, said:

“We know that working with young volunteers brings fresh energy, ideas, and enthusiasm to Span Arts. That’s why we’ve joined Volunteens – to create more opportunities for young people to get involved and make a difference in our local area.”

Span Arts joining Volunteens marks another important milestone for the project and is a fantastic opportunity for young people in Pembrokeshire to gain experience, grow their skills, and make a positive contribution to their community.

Visit [www.volunteens.org.uk](http://www.volunteens.org.uk) to find out more about Volunteens and all opportunities.

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**IMAGE:** *Collective Flight Syrcas* at Colby Garden on Saturday 2nd August.

**\*Notes for Editors\***

**Volunteens is delivered by Foothold Cymru, a social justice charity.**

Established 35 years ago, Foothold Cymru tackle both the causes and consequences of poverty and inequality by unlocking potential within the most vulnerable individuals and communities within West Wales. In doing so, we recognise that the solutions, and the skills to put them in place, are often to be found in the lived experiences and understanding of the people and communities affected.

We focus on three strategic objectives:

**Live and Thrive:** "Live & Thrive" is a commitment to ensuring that everyone has equal access to essential services that improve their overall well-being

**Learn and Grow:** "Learn and Grow" is a commitment to supporting individuals of all ages to access learning opportunities and lifelong learning, breaking down barriers to their success.

**Protect and Sustain:** "Protect & Sustain" is a pledge to champion environmental justice and sustainability.

**Coproduction** is at the heart of what Foothold does. It's a way of working where people come together in an equal partnership to create something new or make changes to an existing situation. The principle behind co-production is that everyone who might be affected by something has valuable knowledge and experience that can help to design and deliver it in a way that makes it more effective for everyone who uses it.

Based in the town of Llanelli, Foothold Cymru support individuals and communities across West Wales.

Volunteens is Funded by the [Welsh Government](#) and administered by the [WCVA](#), and [Volunteering Wales](#),

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